

TRADITIONAL NATIVE AMERICAN CEREMONIES

The Native Americans have been able to live harmoniously with nature for thousands of years. So it is through our offering of their sacred ceremonies that we hope to not only instill peace and harmony in those who seek it, but to offer a different path ... a more Traditional, nature-based path, that will bring peace, harmony and honor to those who choose to walk it ... walk the red road.

Regularly scheduled and private Traditional Native American Ceremonies and healing techniques are being offered at the Cedar Water Healing Lodge. These Ceremonies and healing techniques have been around since the beginning of time, and are still as effective as they were centuries ago. Many have benefited from these combined techniques.

Visit the Website dates and times
& for a list of additional healing
ceremonies, therapies and upcoming
events @

www.thecedarwaterhealinglodge.com

or

www.gaylejoseph.com



Cedar Waters Healing Lodge
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THE CEDAR WATER HEALING LODGE



Traditional Native American Ceremonies

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We live in very challenging times witnessing tremendous changes in our lives and around the world. In this twenty-first century, natural resources are dwindling, severe weather patterns are eroding and destroying our lands and crops, new diseases are arising and violence amongst peoples is escalating. Often times we may feel that the ground beneath us is shifting so fast that it is hard to maintain our balance. Many now realize that another way of life is essential for survival and well-being on a personal and global level.

People of all nations and cultures are beginning to wake up to the fact that we, as human beings, have a responsibility, not only to our own societies, but also to Mother Earth. These natural changes are signifying an awakening both physically and spiritually, a calling for us to participate in the birthing of a new Earth.



Native Americans believe nature is Divine, and they are not here to dominate it, but to be a part of it. Their ceremonies are for the regeneration of Mother Earth. Never before has the world been in such dire need of these simple truths and understandings. The Cedar Water Healing Lodge offers the following traditional ceremonies.

Traditional Healing Sweat Lodge Ceremonies

The Sweat Lodge is an ancient purification ceremony used by most Aboriginal tribes of Turtle Island (North America). It is older than recorded time, and is traditionally used to purify and cleanse the body, mind, spirit, soul, and emotions. It utilizes all of the powers of the Universe including earth -- and the things that come from the earth, water, fire and air.

The Sweat Lodge Ceremony is one of the most sacred ceremonies used in the Native American culture. It is often held as the precursor for those attending other traditional sacred or social ceremonies, for it is said to empower our natural being with the four elements of fire, water, air and earth.

Our Sweat Lodge is open to all who want to participate and experience the beauty and wonder of this most powerful and cleansing ceremony. It is a place to repair your spirit, of refuge and healing, and to obtain personal answers and guidance.

Full Moon Cedar Baths for Women

These *women only* ceremonies are profoundly grounding, and spiritually and emotionally uplifting. Built on time-honored Native American traditions, you will be transported to a time of many moons ago ... when women came together to honor and replenish their spirit, their life and their very Being.

Sacred Pipe Prayer Circle

We as caretakers of the earth do have the power to affect these changes in a significant and positive manner. The time is now to make a choice between believing in the fear-based media generated patterns, or to reclaim our power to create a peaceful future.

In support of what is now coming and what is yet to come, a sacred pipe prayer circle is being formed to gather together and offer our prayers and intentions to support this rebirthing process. In this way we can move through these changes wholly and authentically. Regardless of race, color or creed, we are being called upon to help co-create this new earth, one sustainable now and into future generations.



The Prayer Pipe is a ceremonial tool through which prayers and gratitude are sent to the Great Mystery and to signify peace among all nations. The sacred smoke is the breath made visible carrying the prayers upward to the Source of all breath.

All are welcome to join this circle to offer prayers and to help create a life in harmony with each other and in balance with nature.